



**Triangle Meat Buying Club
Price List and Order Form – June 2008**

**Deadline for ordering:
TUESDAY June 10th BY 4PM**

**Delivery date: TUESDAY June 17th
Time – 4:00-6:00pm - if this time does not work, please let me know and we can arrange another pick-up time.**

**Return this form to:
Lisa Forehand via Mail to: 506 Madison Ave, Cary 27513 OR FAX to: 919.342.5057**

Contact Info

Name: _____

Are you already a Triangle Meat Buying Club Member? Please place your order.

_____ Yes Please place your order

_____ No - please fill out a membership application (<http://trianglembc.org/membership.htm>)

NOOHEROOKA NATURAL BEEF ORDERING INFORMATION

NOOHEROOKA NATURAL BEEF strives to produce the highest quality beef possible. Our beef does not contain the vast amount of additives found in most other foods. We raise beef the way it was raised hundreds of years ago, with no hormones or antibiotics. Our product is totally natural. Our animals are offered a vegetarian diet designed to maximize tenderness and flavor. (<http://www.nooherooka.com/>)

THIS MONTH'S SPECIALS SPECIAL!!!

GROUND BEEF PACKAGE SPECIAL

___ 10lbs for \$30 (80% Lean)
___ 20lbs. for \$55 (80% Lean)
(Approximately 1 lb. packages)

(Indicate # packages ordering)

STEW MEAT PACKAGE SPECIAL

(Buy at least **5 lbs of stew meat** (\$5.99/lb), receive 1/2 off ribeyes & New York Strips)
___ Stew Meat (at least 5 lbs) *indicate # lbs*
___ Ribeyes (8-12oz/steak) *indicate # steaks*
___ NY Strips (5-6oz/steak) *indicate # steaks*

(Indicate # boxes ordering)

PACKAGED BOXES

NN Angus Grill Package

___ Angus Grill Package (~\$110 value)
\$90/box
2 Filet Mignon Steaks (1.25lb/pair)
2 Sirloin Steaks (8-9oz. ea.)
2 Chuckeye Steaks (8-9oz. ea.)
3 Kabob (1lb ea.)
7 Ground Chuck (1lb ea.)

(Indicate # packages ordering)

NN Angus Family Package

___ Angus Family Package
(~\$120 value) \$ 100/box or \$180/2boxes
1 Boneless Roast (2.5-3lbs)
2 Short ribs (1.5-2lbs ea.)
5 Stew Beef (1lb ea.)
3 Cube Steak (1lb ea.)
10 Ground Beef (1lb ea.)

(Indicate # packages ordering)

INDIVIDUAL CUTS			
Quantity	Beef Cut	Avg. wt.	Price per lb.
# pkg(s)	Ground Beef (80% Lean)	1lb	\$3.99
# pkg(s)	Ground chuck (90% Lean)	1lb	\$6.99
# pkg(s)	Ground Sirloin (98% Lean)	1lb	\$7.99
# pkg(s)	Sirloin Steak	8-9oz.	\$9.99
# pkg(s)	Chuckeye Steak	8-9oz.	\$5.99
# pkg(s)	Cube Steak	1.5-2lbs	\$5.99
# pkg(s)	Short Ribs/Short Rib Meat	1.5-2lbs	\$4.99
# pkg(s)	Stew Beef	1lb	\$5.99
# pkg(s)	Kabobs	1lb	\$6.99
# pkg(s)	London Broil, () small or () large	1.5-3lbs	\$7.99
# pkg(s)	Roast (circle preferred cut) chuck, shoulder, rump, bottom round	2.5-3lbs	\$6.99
# pkg(s)	Shank Steak	2.5-3lbs	\$4.99
# pkg(s)	Flat Iron Steak (pair)	1.5-2lbs	\$5.99
# pkg(s)	Beef Liver	1.5-2lbs	\$4.99
# pkg(s)	Ox Tail	0.5-1lb	\$4.99
#pkg(s)	Soup Bones	1-2lbs	\$1.99

RAINBOW MEADOW FARMS CHICKEN

RAINBOW MEADOW FARMS All Natural Free-Range Chicken raises truly free-ranged chicken which has a firmer texture while maintaining incredible tenderness and without the fat found in commercially available chicken. The superior taste of our chicken comes from the diet of the chickens which consists of approximately 30% grass/herbs and insects. The chickens are moved daily to fresh grass. (<http://www.rmfpasturepuremeats.com/>)

Quantity	Free-Range Chickens	Avg. wt.	Price per lb.
# chickens	Whole Chickens (Conentnea red)	3-5lb/bird	\$3.99
# chickens	Whole chickens with missing parts due to processing errors (skin off breast or missing wing, etc)	Wt. varies	\$2.99
# chickens	Whole chickens (Petit Poulet Rouge)	1.75-2.5lbs	2 for \$16

Picking Up Your Order

- 1) The Triangle Meat Buying Club (TMBC) Organizer (Lisa Forehand) will let you know where and when the pick-up will be at least one week in advance. All orders have been picked up in the NCSU Brooks Parking Lot at the corner of Brooks Avenue & Hillsborough Street, Raleigh from 4-6pm. If you are unable to make this pick-up time, please contact Lisa Forehand to make alternative arrangements (lisa@trianglembc.org) or with any questions. Thank you!!!
- 2) Payment will be made directly to the Farmer at the time of pick up for all meat purchases.