



December 2007: Triangle Meat Buying Club

Why Nooherooka Natural Beef?

- All natural
- No added hormones or antibiotics
- Meat is tested for Mad Cow Disease and E.Coli
- All beef products are dry aged from 14 to 21 days
- Vacuum sealed for lasting quality



For more information, please visit: www.nooherooka.com

Step 1: Contact Information

Are you currently a member of the Triangle Meat Buying Club? (Have you paid your \$10 dues?)

Yes:	Name:
No:	If you answered no, please take a moment & fill out our Contact Information:

Contact Information:

Name:		
Address:		
City:	State:	Zip:
Email:		
Phone #:		

Step 2: Placing Your Order

Packaged Boxes			
Angus Ground Beef Pkg. \$40/box or \$70/2 boxes 10 Ground Beef (1lb ea.)	NN Angus Grill Package (~\$110 value) \$90/box 2 Filet Mignon Steaks (1.25lb/pair) 2 Sirloin Steaks (8-9oz. ea.) 2 Chuckeye Steaks (8-9oz. ea.) 3 Kabob (1lb ea.) 7 Ground Chuck (1lb ea.)	NN Angus Family Package (~\$120 value) \$ 100/box or \$180/2boxes 1 Boneless Roast (2.5-3lbs) 2 Short ribs (1.5-2lbs ea.) 5 Stew Beef (1lb ea.) 3 Cube Steak (1lb ea.) 10 Ground Beef (1lb ea.)	
Individual Cuts			
Quantity	Beef Cut	Avg. wt.	Price per lb.
	Ground Beef (80% Lean)	1lb	\$4.99 (or \$3.99 10lbs +)
	Ground chuck (90% Lean)	1lb	\$6.99
	Ground Sirloin (98% Lean)	1lb	\$7.99
	Sirloin Steak	8-9oz.	\$9.99
	Chuckeye Steak	8-9oz.	\$5.99
	Cube Steak	1.5-2lbs	\$5.99
	Short Ribs/Short Rib Meat	1.5-2lbs	\$4.99
	Stew Beef	1lb	\$5.99
	Kabobs	1lb	\$6.99
	London Broil, () small or () large	1.5-3lbs	\$7.99
	Roast (preferred cut _____)	2.5-3lbs	\$6.99
	Shank Steak	2.5-3lbs	\$4.99
	Flat Iron Steak (pair)	1.5-2lbs	\$5.99
	Beef Liver	1.5-2lbs	\$4.99
	Ox Tail	0.5-1lb	\$4.99
	Soup Bones/Bones	1-2lbs	\$1.99

Step 3: Picking Up Your Order

The Triangle Meat Buying Club Organizer (Lisa Forehand) will let you know where and when the meat pick-up will be at least one week in advance. Please call 919-513-0954 or email lisa_forehand@ncsu.edu with questions.. Thank you!!!

This will be the second month of the free three month trial membership. If you would like to join for the year, please consider submitting \$10 (cash) to continue to have access to great, healthy, local meats!

DEADLINE FOR ORDERING: WEDNESDAY, NOVEMBER 23rd at 4PM!!!