



**Triangle Meat Buying Club
Price List and Order Form – April 2008**

**Deadline for ordering:
THURSDAY April 24th BY 4PM**

**Delivery date is The Week of May 5-9
(Scheduling is flexible depending on seafood availability) –
Time - TBA**

**Return this form to Lisa Forehand via Mail to: 506 Madison Ave, Cary 27513
OR FAX to: 919.342.5057**

Contact Info

Name: _____
 Are you a TMBC member? ___yes ___no (if no, please fill in contact info below)

Address: _____

City, State, ZIP: _____

email: _____ phone: _____

Place your order:

Although we normally pay the farmer directly, due to the difficulty of this order, we ask that you make payment with cash or check payable to :**Triangle Meat Buying Club**.

If you know that you are unable to make the scheduled pick-up date and time, please make other arrangements with Lisa Forehand: lisa@trianglembc.org

GOAT CHEESE ORDERING INFORMATION

Holly Grove Farms, a family owned and operated business, makes specialty goat cheeses right on the farm where they hand raise all of their goats from kids. Owners Ron and Debbie Craig strive to produce the highest quality all-natural goat cheeses. For more information visit www.hollygrovecheese.com.

Holly Grove Farms Goat Cheese		
Cheese	Cost	# 8 oz. containers requested
Fresh Chevre	\$4/8 oz.	
Southwest Blend - A blend of chevre and ground red peppers	\$4/8 oz.	
Chive	\$4/8 oz.	
Basil	\$4/8 oz.	
Jalopeno	\$4/8 oz.	
Summertyme Blue - A blue cheese blend of goat and cow	\$6/8 oz.	

SEAFOOD ORDERING INFORMATION

Li-Ping (Li) who owns and operates the family run- business The Sea Depot (750 G East Chatham Street Cary NC 27511, 919-469-8889) has been kind and patient enough to work with TMBC to offer the most local seafood possible. He drives to the coast weekly and buys fish directly off the docks, directly from the fisherman so it is EXTREMELY fresh! That being said...

I apologize, but I am going to ask up front for a **SIGNIFICANT** amount of flexibility this month. Fish are unlike livestock, in that there is no way to predict what the fisherman are going to catch.

Here is a list of seafood items that Li is fairly sure he will be able to get:

Farm Raised Fish				
	Approx. weight of whole fish	Cost/ lb. (Based on whole fish weight)	Pounds of whole fish requested	Filleted -skin on (FS) or Filleted-skin off (FN) or Whole (W) (cleaned not filleted)
Striped Bass (NC Farm Raised)	1.5 – 3 lbs	\$6.00/lb		

_____ Please indicate if you would like the heads and bones from your filleted fish

	Approx. weight of whole fish	Cost/ lb. (Based on whole fish weight)	Pounds of whole fish requested	Whole (W) (cleaned not filleted)
Tilapia * (NC or VA Farm Raised*)	1.5 - 2.5 lbs	\$5.00/lb		

Whole weight of fish will yield approximately 1/2 of the cleaned weight. (Ex. a 3 lb whole weight fish will yield about 1.5 lbs))

** A virus has hit the NC Tilapia populations so the spring harvest has essentially wiped out so Li has had to go to Virginia to get some fish. There is a resistant variety which may or may not be available.*

North Carolina Wild Seafood	
Item	Price
Clams (NC wild)	\$4.50/dozen
Oysters (NC wild)	\$9/half peck
Oysters (NC wild)	\$28/half bushel
Oysters (NC wild)	\$55/full bushel

Wild North Carolina Saltwater Fish

Now... the wild saltwater fish is a bit (make that impossible) to predict or plan for, so it is making this month's order a significant challenge. Based on previous years and seasonal availability, there is a good chance for the availability below (but not guaranteed).

However, I will not know if any of these are available or price until Lee makes some calls and gets back from the coast on Tuesday. This means, if you indicate that you are interested in any of these or other fish, I will be contacting you either Tuesday (April 29) or Wednesday (April 30) to let you know that Lee was able to get your requested fish and also let you know the price.

How to fill out the seafood order information below:

If you are interested in coastal seafood, please consider one of the following **THREE** options.

_____ I only want the **EXACT** fish that I have indicated. If it is not available, I do not want any of the other fish listed below.

_____ I am flexible but would only like **ONE** of the following fish listed below, if possible (please indicate your priority).

Ex. Flounder is my #1 priority and I want 6 lbs, but if Flounder is not available, my #2 priority is Trout and again 6 lbs. and my #3 priority is Mackerel and again 6 lbs.

_____ I would like several of the fish listed below, if possible. Please use the space provided below to write out exactly what you would like. Make sure you indicate the pounds you'd like in the area to the far right of the order form, as well.

Ex. "I would like 3 lbs of Flounder AND 5 lbs of Trout AND 7 lbs. of Mackerel."

Wild North Carolina Saltwater Seafood			
Priority	Fish	Price/lb	lbs. of fish requested
	Snapper	TBA	
	Flounder	TBA	
	Trout	TBA	
	Mackerel (Spanish or King)	TBA	
	Grouper	TBA	
	**Other:	TBA	

*** If you would really like something that is not listed, please write it in other and I will pass this information along to Lee to see if he can find some.*

As always, if you have any questions or comments, please let me know. I appreciate your patience & understanding about the difficulty in obtaining local, sustainably raised products.